



**STOP**  
think about eating a smaller portion  
**SLOW**  
balance your meal with green choices  
**GO**  
eat all you want!

Monday	Tuesday	Wednesday	Thursday	Friday
28 <b>Bear Pride Golf Classic</b> ● Tomato Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Country Fried Steak ● Mashed Potatoes ● Green Beans ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies	29 ● Vegetable Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Sausage Patty ● Baked Hash Browns ● Scrambled Eggs ● Biscuit ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies	30 ● Chicken Noodle Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Glazed Ham ● Scalloped Potatoes ● Steamed Broccoli ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies	1 ● Cream of Broccoli <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● DA Chicken Fillet Sandwich ● Grilled Chicken Sandwich ● Curly Fries ● Veggie Sticks ● Assorted Fresh Fruit ● Key Lime Pie	2 <b>Junior-Senior Prom</b> ● Soup Du Jour <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Grilled Hamburger ● Kettle Chips ● Baked Beans ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies
5 ● Cheese Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Honey Barbeque Tenders ● Western Fries ● Broccoli & ● Dip ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies	6 ● Taco Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Shrimp Poppers ● Roasted Potatoes ● Squash Medley ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies	7 ● Broccoli Cheese Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Soft Tacos ● Shoe Peg Corn ● Beans & Rice ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies	8 ● Garden Vegetable Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● DA Chicken Fillet ● Mashed Potatoes ● Green Beans ● Assorted Fresh Fruit ● Holy Cow Cake	9 ● Loaded Potato Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Orange Glazed Chicken ● Sticky Rice ● Stir Fry Vegetables ● Asian Salad ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies
12 ● Vegetable Beef Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Baked Ziti ● Breadstick ● Italian Vegetable Medley ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies	13 <b>Senior Picnic</b> ● Garden Vegetable Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Savory Meatloaf ● Mashed Potatoes ● Green Beans ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies	14 ● White Chili <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Chicken Pot Pie ● Baked Apples ● Sweet Corn Niblets ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies	15 ● Chicken & Rice Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● DA Chicken Fillet Sandwich ● Grilled Chicken Sandwich ● Curly Fries ● Veggie Sticks ● Assorted Fresh Fruit ● Dirt Pudding	16 <b>Senior Chapel</b> ● Tomato Soup <i>Classic Cuts Deli</i> <i>JD's Grill</i> Mangia! Mangia! ● Sub Sandwich ● Kettle Chips ● Broccoli & ● Dip ● Tossed Salad ● Assorted Fresh Fruit ● Fresh Baked Cookies
19 Exam Day	20 Exam Day	21 Exam Day	22 Exam Day	23 <b>Senior Breakfast</b>



*Classic Cuts Deli* offers a variety of sandwiches daily. A deli sandwich may be chosen as the entree for the plate lunch.



Homemade Soups are prepared daily and also may be chosen as the entree for the plate lunch.

Plate lunches include one entree, one starch, one vegetable, dessert, and drink.

Fresh fruit or yogurt cups may be chosen to replace the vegetable or dessert item.

